



TICK BITE & LYME DISEASE SAFETY

TICKS CAN INFECT HUMANS WITH BACTERIA, VIRUSES, AND PARASITES THAT CAN CAUSE LYME DISEASE AND OTHER SERIOUS ILLNESSES.

PREVENTION TIPS:

- ◆ Before doing outdoor activities such as gardening, camping, hiking, and playing, consider using repellents with DEET on your clothes and skin.
- ◆ Modify your landscape to create tick free zones by mowing grass often and regularly removing leaf litter, moist plant litter, brush, and weeds.
- ◆ After coming indoors, check your clothes and exposed skin for ticks.

RESPONSE:

- ◆ If you find a tick on your body, remove it immediately by grasping it with tweezers only (do not touch the tick with your bare hands), as close to the skin as possible and pulling it straight out.
- ◆ Not every tick carries Lyme disease, but to avoid the potential for the disease, send the tick to a lab immediately. If caught early enough and the tick tests positive as a carrier of Lyme disease, you can prevent getting Lyme disease by taking certain medications (e.g., doxycycline).
- ◆ Seek medical attention and speak with your doctor if you develop a rash at the site of the bite between 3 to 30 days after the bite and/or if you develop a fever.

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"Maryland is in the top 20% of US states with the highest reported disease cases from ticks."

CDC.gov, May 2018



"Nine new germs spread by mosquitoes and ticks have been discovered or introduced since 2004."



"The incidence of Lyme disease in the United States has nearly doubled since 1991, from 3.74 reported cases per 100,000 people to 7.21 reported cases per 100,000 people in 2018."

EPA, August 2022

CDC's data only represents confirmed cases, the actual quantity of Lyme disease cases may be far greater.

This ad should be a zechus refuah sheleimah for Layla Aynav bas Rachel, Rena Esther Bas Yaffa Gitta, and Sara Cherna Chaya bas Eta Chana.



PREPARING OUR COMMUNITY TODAY FOR A SAFE AND SECURE TOMORROW™

The Chesed Fund Limited is dedicated in memory of Mordechai & Rebecca Kapiloff, ע"ה. Dr. Bernard Kapiloff, ע"ה, and Rabbi Norman & Louise Gerstenfeld, ע"ה. Project Ezra of Greater Baltimore, Inc. is dedicated in memory of M. Leo Storch, and Hannah Storch, ע"ה.