

ISRAEL EMERGENCY PREPAREDNESS BOMB SHELTER (MIKLAT) CHECKLIST

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Whether you're setting up a new shelter or updating an existing one, use this checklist to make sure you have everything you need.

GENERAL PREPAREDNESS

- Ensure the shelter is large enough to hold all your students and staff. If your shelter does not provide adequate space or if your building does not have a *miklat*, an alternate location must be designated. Consider sharing bomb shelter space with a school or building nearby that has extra space or consider purchasing a portable bomb shelter.
- Ensure that Miklat has a lock on the inside that is safe and secure
- Advise government authorities of the number of students and staff, as well as the layout of the building where the bomb shelter is located.
- The bomb shelter must be uncluttered and not filled or used as a storage unit.
- Need clear passageway to the Miklat
- Communication: Schools should have an alert/intercom system in place for communicating with students and staff during an emergency. Additionally, there should be an external (outside of Israel) communication plan in effect to notify and update parents abroad.
- Evacuation plan: Schools should have a clear evacuation plan in case of a security threat, and students and staff should be trained in how to evacuate. The evacuation plan should be posted throughout the campus.
- Security personnel: Schools are advised to have security personnel on-site to monitor the premises and respond to any security threats.
- Emergency drills: Schools should conduct emergency drills regularly to prepare for security threats.
- Psychological support: Schools should have a system in place for providing psychological support to students and staff following an emergency.
- Once everyone is safely inside the shelter, it needs to be secured and the room sealed as airtight as possible.
- Place items that need to be kept dry, such as clothing and documents, in a sealed plastic bag.



FOOD SUPPLIES

- Water: It is important to have enough water for drinking and hygiene purposes. The Israel Home Front Command recommends 0.8 gallons (3 liters) of water per day, per person for drinking and sanitation purposes, for a minimum of three days.
- Store nonperishable food items such as:
 - Cans of tuna (protein) and misc. canned goods
 - Crackers
 - Granola bars
 - Food and juice pouches
 - Food for special diets (e.g., gluten-free and sugar-free)
 - Energy bars
 - Dried fruits and nuts
 - Canned/boxed milk
- Honey (also for medicinal purposes)
- Purification pill (for clean water)



DOCUMENTS / MONEY

- Copies of identification and insurance information for students and staff to be kept in plastic bags
- Laminated copies of general emergency numbers and students' emergency contact numbers
- Cash in small bills and change (enough to purchase food and supplies in the event of ATM and bank closures and no access to funds)



MEDICAL/FIRST AID SUPPLIES

- Prescription medications for 10 days for any students or staff members who take prescribed medications
- Nonprescription medications:
 - Pain relievers
 - Anti-diarrhea meds
 - Antacids
 - Laxatives
 - Benadryl
 - Cough medicine
 - Aspirin
- Medical gloves (disposable)
- Dust mask (to filter contaminated air)
- Antiseptic cream
- Bandages
- Oxygen
- Syringes
- Emergency inhaler for any asthmatic persons
- Epinephrin-loaded syringe (in case of allergies)
- Glucose monitoring strips
- Rubbing alcohol
- Petroleum jelly
- Hand sanitizer
- Tweezers

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GENERAL SUPPLIES

- Sealing equipment (to tightly seal the shelter)
- Battery-powered or hand-cranked radio
- Two-way radio (for short-range, phone-free communication)
- Handheld portable battery supply
- Fire extinguishers (check annually)
- Extra batteries
- Phone charger: many portable phone battery packs, in case emergency calls are needed
- Whistle (to signal for help if you are in distress)
- Shovels and excavation supplies (in the event you must dig out of the shelter)
- Hard hat
- Work gloves
- Nylon rope
- Duct tape
- Filtration system that will make water drinkable
- Privacy curtain (e.g., shower curtain for changing clothing, etc.)
- Lighting; lamps, candles (long-term emergency), matches, lighter, glowsticks, waterproof container for matches or lighter
- Paper goods (e.g., plates, cutlery, paper towels)
- 2 manual can openers
- Bottle opener
- Compass
- Scissors
- Basic tools (e.g., hammer, pliers, screwdriver, pocketknife, wrench)
- Pens and paper
- Local map
- Tissues
- Earplugs
- Air mattresses for sleeping
- Blankets or sleeping bags, one for each person
- Plastic trash bags with twist closures
- Heavy-duty aluminum foil
- Plastic gallon-size storage bags
- Small mirror
- Socks
- Large clock
- Extra clothing for each person in shelter
- Hidden security camera outside of shelter with monitor on inside



HYGIENE SUPPLIES

- Household liquid chlorine bleach and medicine dropper
 - Use as a disinfectant: nine parts water to one part bleach.
 - In an emergency to treat water to make it drinkable: 16 drops of regular household liquid bleach per gallon (3.8 liters) of water. Do not use scented, color-safe, or bleach with added cleaners.
- Towels
- Soap
- Dental care products
 - Toothbrushes
 - Toothpaste
 - Dental floss
- Contact lens cases and solution
- Toilet paper and tissues
- Restrooms/portable potty
- Hygiene supplies special for women
- Baby wipes



ENTERTAINMENT/PERSONAL ITEMS

- Siddurim, Tehillim, and Sefarim
- Books
- Board games
- Playing cards
- Journals and extra pens
- Coloring/art supplies
- Puzzles

SOUND ADVICE

- Make sure to know which staff members have appropriate emergency and medical training so they can take the lead position
- Inspect battery and electronics yearly
- Have a buddy system in place
- Have a set of rules posted in the shelter that must be adhered to
- Research cellphone companies to determine which ones have the strongest reception in the shelter
- Check whether Wi-Fi works in the shelter
- It is very important to note that regular scheduled maintenance and checking of supplies inventory and expiration dates, etc., are essential to ensuring the checklist items are adequate, nonexpired, and functional.

Note: This checklist is purposefully very comprehensive and includes almost everything useful and important to have in a miklat so that each school can create its own custom bomb shelter list.

EMERGENCY CONTACT NUMBERS:

(Please post in shelter)

The Home Front Command Info Center: **1207**

Police: **100**

Ambulance/ Magen David Adom: **101**

United Hatzalah: **1221**

Fire: **102**

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This Checklist is Dedicated in Loving Memory of Rabbi Yosef Kramer, ז"ל.

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